



Questions?

Contact the College of Medicine
Office of Faculty Affairs at
626-4368 or 626-6808

College of Medicine Faculty Affairs Website:
<http://www.facultyaffairs.medicine.arizona.edu/>

Top

10 Quality of Life Initiatives

at The University of Arizona
College of Medicine



- 1 Family Friendly Resources:** <http://lifework.arizona.edu>
- **Child Care:** <http://lifework.arizona.edu/cc>
Includes information on childcare referrals, subsidized Sick Child and Emergency Backup Care Program, In-Home Childcare Options, etc.
 - **Domestic Partner Benefits/Information:**
<http://www.hr.arizona.edu/search/node/Domestic%20Partner> (scroll down)
 - **Elder Care:** <http://lifework.arizona.edu/ec> Gives local, state, and national resource manual with specific referrals to community agencies; information on bi-monthly Caregiver Support group; educational presentations on a variety of pertinent topics: stress, life cycle changes, aging, etc.
 - **Family Medical Leave:** http://uhap.arizona.edu/chapter_8#8.04.06
 - **Parental Leave:**
 1. Tenure/Tenure-eligible: http://uhap.arizona.edu/chapter_3#3.12.01
 2. Continuing Eligible: http://uhap.arizona.edu/chapter_4#4.10.03

- 2 Work Site Wellness:** <http://lifework.arizona.edu/wsw/>
Sample of Programs available:
- Employee Assistance: 11 sites including Community Resources, Counseling Services, Veterans
 - Employee Wellness: 12 sites including Health Screenings, Fitness Classes, Recipes, Streaming Media
 - Work/Life Support: 6 sites including Flexible Work Arrangements, Telework Forms, Articles/Resources
 - UAMC Pivrotto Wellness/Fitness Center offered to all AHSC/COM employees only. 694-2487

- 3 Flexible Work Hours** (for employees who are \geq .5FTE):
- Temporary Alternative Duty Assignment: http://uhap.arizona.edu/chapter_8#8.05
 - Alternative Work Arrangements:
http://lifework.arizona.edu/wls/how_do_work_life_strategies_support_the_u

- 4 Career Information, Stopping Tenure Clock or Changing Tracks:**
<http://www.facultyaffairs.medicine.arizona.edu/careerDevelopment.cfm>
<http://www.facultyaffairs.medicine.arizona.edu/documents/TrackChangePolicyCOM-MB.doc>

- 5 Financial Security Benefits and Options:**
Includes Short Term/Long Term/Group Long Term Care, Home and Auto Insurance Discount Program, Life Insurance, Mandatory and Supplemental Retirement Plans
http://www.hr.arizona.edu/financial_security_benefits

- 6 Pre-Tax Savings Programs:**
http://uhap.arizona.edu/chapter_10
- Flexible Spending Accounts (10.01.09)
 - Tax-Deferred Retirement Annuities (403b) (10.02 – link to ABOR, chap. 6, document 6-603)
 - State of Arizona Deferred Compensation (457) Plan (10.02.06)

- 7 Tuition Waiver Eligibility:**
- http://uhap.arizona.edu/chapter_10.10.09
 - Form for Qualified Tuition Waiver: <http://www.hr.arizona.edu/forms#qtr>.

- 8 Campus Recreation:** <http://www.campusrec.arizona.edu>
Wide array of offerings including Facilities, Services, Departmental Info, Equipment Rental, Family Programs and Camps, Challenge Program for Team Building Concepts, Outdoor Adventures and Trips, Intramurals, Clubs, Personal Training, Aquatics, Dance, Martial Arts and Defense, Certification Classes, and much more.

- 9 Discounts available:**
http://www.hr.arizona.edu/04_cb/benefits/ov/otherben/#disc
To: Campus Rec., Club Sports, Athletic Events, UA Presents, Bookstore, Outreach College and more.
NEW: Wildcat Marketplace: http://www.hr.arizona.edu/wildcat_marketplace.
Also see: http://www.hr.arizona.edu/things_to_do_and_see Includes UA Master Event Calendar.

- 10 Above and Beyond Relocation Service:**
An ABOR contracted agency that assists in relocation or Tucson/Phoenix area moves including school system information. <http://www.aboveandbeyondrelo.com>. Tucson School Information site: <http://www.aboveandbeyondrelo.com/schools.asp>.

