Leave of Absence Policy

**Category:** 2-Attendance and Absence  
**Curriculum Phase:** All Phases  
**Author/Authoring Body:** Curricular and Student Affairs  
**Responsible Unit:** Curricular and Student Affairs  
**Policy Contact:** Student Affairs Dean Office  
**Next Review Year:** 2025

**Summary**

The University of Arizona College of Medicine – Tucson (COM-T) promulgates this policy to ensure that all student requests for a leave of absence are considered in a uniform and consistent manner.

Students may request a Medical Leave of Absence to address their own mental or physical health needs. Students may request a Non-Medical Leave of Absence to attend to all other personal circumstances, including educational/research opportunities, bereavement, military obligations, or parental leave. Students requesting any leave of absence should meet with their House Dean, Financial Aid, and Registrar to obtain education about any leaves of absence. Failure to comply with this policy may result in Academic Dismissal from the COM-T.

**Applicability & Scope**

This policy applies to medical students across all phases of the curriculum.

**Definitions**

LOA – Leave of Absence  
MLOA – Medical Leave of Absence

**Policy Statement**

Students may request a Medical Leave of Absence to address their own mental or physical health needs. Students may request a Non-Medical Leave of Absence to attend to all other personal circumstances, including educational/research opportunities, bereavement, military obligations, or parental leave.

Students are not required to participate in the curriculum during a Leave of Absence. Students on a Leave of Absence must seek advance permission, in writing, from the Associate Dean of Curricular Affairs, to participate in any curricular activity—including exam retakes, remediation, or USMLE Step 1.
or 2. Students acknowledge that participating in a curricular activity while on a Leave of Absence is wholly voluntary; unfavorable results will not be invalidated on the basis of a student’s leave status.

Students who want to enroll in another academic program at the University of Arizona or any other institution must seek permission from the Student Progress Committee before enrolling and cannot use the Medical Leave of Absence process for that purpose. Students requesting any leave of absence should meet with their House Dean, Financial Aid, and Registrar to obtain education about any leaves of absence. Failure to comply with this policy may result in Academic Dismissal from the COM-T.

I. Medical Leaves of Absence
   A. Requesting a Medical Leave of Absence
      1) Students requesting a leave of absence because of their own physical or mental health needs must complete The University of Arizona College of Medicine Medical Leave of Absence Request Form. In addition, the student must obtain supporting documentation from a licensed health care provider that contains the following information:
         a) The approximate date of onset of the health condition giving rise to the circumstances surrounding the request for leave of absence, and the dates through which such condition is anticipated to continue;
         b) The general nature of the health condition that prevents the student from continuing in the curriculum at the present time;
         c) The date on which the provider anticipates the student will be able to return to the curriculum.
      2) The student must provide the supporting documentation to the University of Arizona Campus Health Service to the attention of: Executive Director, Campus Health Service 1224 E. Lowell Street, Building 95 Tucson, AZ 85721 FAX: 520-621-4301 or Email: Terri West [Theresaw@arizona.edu]
      3) Campus Health Service will review the documentation. If the documentation supports a medical leave based upon the student’s own mental or physical health needs for the time period requested, it will issue a “Verification of Health-related Reasons for Request for Leave of Absence” form to the student (hereafter “Verification Form”). The Verification Form will include the date the MLOA form was submitted to Campus Health and the dates through which such condition is expected to continue but will not include information related to the nature of the condition. This Verification Form will be sent from Campus Health Service to COM-T Registrar’s office.
      4) NOTE: COM-T will not honor a retroactive LOA, a LOA cannot be effective prior to the date the request is submitted. MLOAs are limited to a maximum of 6 months prior to renewal. Prior to any renewal or extensions of MLOAs, the student will meet with the Associate Dean for Student Affairs or an Assistant Dean for Student Affairs to discuss MLOA renewal plans with the student affairs team (Registrar, Financial aid, and Learning Specialist).
B. Returning from a Medical Leave of Absence

1) No later than 5 business days prior to the approved medical leave of absence ends, the student must:
   a) Provide the COM-T’s current Technical Standards to the student’s health care provider;
   b) Obtain documentation from the health care provider certifying that the student is able to return to the curriculum and perform the Technical Standards;
   c) Provide the documentation from the health care provider to Campus Health Service.
   d) Meet with the Associate Dean for Student Affairs or an Assistant Dean for Student Affairs to discuss reintegration plans. The Associate Dean for Student Affairs or an Assistant Dean for Student Affairs will discuss reintegration plans with the student affairs team (Registrar, Financial aid, and Learning Specialist).

2) If a student requires an accommodation for a disability upon a return from a medical leave of absence, the student must contact the University’s Disability Resource Center as soon as practicable.

3) If a student is unable to return to the COM-T at the expiration of a medical leave of absence, the student may seek a withdrawal under existing University policies. If a student fails to return and does not formally withdraw from COM-T within 3 months of the end date of the MLOA term, the student will be subject to Academic Dismissal as per the Policy on Dismissal from the College of Medicine.

4) NOTE: Students requesting an MLOA prior to passing USMLE Step 1. All students must satisfactorily complete the Pre-clerkship phase of the M.D. degree and take the USMLE Step 1 Exam within 3 years of the date of matriculation. A student will be deemed to have completed the Pre-clerkship phase upon an initial attempt at the USMLE Step 1 Exam. Progress in the Clerkships may halt if a student fails the USMLE Step 1. All M.D. degree students must satisfactorily complete all graduation requirements 6 years from the original date of matriculation. All time limits are inclusive of leave(s) of absence, a repeat of an academic year, and retakes or remediation of any course, exam, or other requirements, as per the Grading and Progression Policy.

II. Non-Medical Leaves of Absence

A. Requesting a Non-Medical Leave of Absence

1) Students requesting leaves of absence for reasons other than their own mental or physical health needs must submit a Non-Medical Leave of Absence Request Form to the Associate Dean for Student Affairs, along with a separate Personal Statement, which addresses the following:
   a) The reason(s) the student is requesting the leave of absence, the length of the proposed leave, and the anticipated return date.
   b) How the student anticipates reintegrating into COM-T upon return from the leave of absence.
2) The student also must attach supporting documentation, such as:
   a) an invitation to participate in an internship, externship, research-related
      endeavor or fellowship and the goals the student plans to achieve while on
      leave;
   b) a statement from a health care provider related to the student’s need to care
      for another person;
   c) a statement from the military requiring the student’s attendance;
   d) police reports;
   e) an obituary or death certificate; or
   f) court documentation or a letter from an attorney or other professional
      detailing the reasons for the student’s request for a leave of absence.

3) If the student is unable to provide supporting documentation, the student must state
   the reason for the lack of documentation in their Personal Statement. Upon receipt of
   the student’s Non-Medical Leave of Absence Request Form and supporting
   documentation, the Associate Dean for Student Affairs or an Assistant Dean for Student
   Affairs will present it, along with the supporting documentation, to the Student Progress
   Committee for review and approval. The Student Progress Committee may request the
   student to appear before it to provide information in support of the request. The
   Student Progress Committee’s decisions regarding non-medical leaves of absence are
   not subject to review or appeal.

B. Returning from a Non-medical Leave of Absence

1) Prior to the end date of the non-medical leave of absence, the student must meet with
   the Associate Dean for Student Affairs or an Assistant Dean for Student Affairs to
   develop a plan for reintegration and return to the curriculum. The Associate Dean for
   Student Affairs or an Assistant Dean for Student Affairs will present the student’s plan to
   the Student Progress Committee for review and approval. Non-medical leaves of
   absence are limited to a maximum of 6 months prior to renewal.

2) NOTE: You must complete all these steps no later than the last date of your requested
   leave of absence. The SPC meets monthly – plan accordingly.

C. Duration of Leaves of Absence

1) Leaves of absence, for either medical or non-medical reasons, are granted for no longer
   than 6 months prior to renewal. Prior to any renewal or extensions of MLOAs, the
   student will meet with the Associate Dean for Student Affairs or an Assistant Dean for
   Student Affairs to discuss MLOA renewal plans with the student affairs team (Registrar,
   Financial aid, and Learning Specialist). Leaves of absence, for either medical or non-
   medical reasons, do not circumvent graduation requirements or graduation timelines as
   per the Grading and Progression Policy. If a student is unable to complete the
   curriculum within the required timeframes due to their medical condition or disability,
   they must seek an accommodation through the DRC (and not an exception from the
   College).

D. Failure to Return from Approved Leave of Absence

1) If a student fails to return and does not formally withdraw from COM-T within 3 months
   of the conclusion of an approved leave of absence, whether for medical or non-medical
reasons, the student will be subject to Academic Dismissal as per the Policy on Dismissal from the College of Medicine.

Related Information

Policies
COM-T Policy 1-101: Grading and Progression Policy
COM-T Policy 1-103: Policy on Dismissal from the College of Medicine
COM-T Policy 1-105: Technical Standards
COM-T Policy 2-101: Attendance and Absence Policy

Forms
Medical Leave of Absence Request Form
Non-Medical Leave of Absence Request Form

Revision History

3/31/2023: Vice Dean for Medical Education approved revisions to clarify participation in the curriculum during a leave of absence, steps for returning from a MLOA, renewal or extensions of LOAs and MLOAs, and failure to return from an approved LOA.


3/19/2012: Policy revised.