



# SYLLABUS


## CURRICULUM and ANNUAL SEMINAR & ACTIVITIES SCHEDULE

Tucson Location: PPC Office and Zoom

MCH Competencies: 1) MCH Knowledge Base; 2) Self-Reflection; 3) Ethics & Professionalism  
4) Critical Thinking 5) Communications; 6) Negotiation & Conflict Resolution 7) Cultural Competency  
8) Family-Centered Care, 9) Developing Others Through Teaching & Mentoring 10) Interprofessional  
Team Building 11) Working with Communities & Systems 12) Policy & Advocacy

**LEGEND** Purple: PPC-specific Red: Due dates

## FALL SEMESTER 2023

<b>Due August 21, 2023</b>	<ul style="list-style-type: none"> <li>• HRSA Welcome from the Director / Trainee Toolkit <a href="https://mchb.hrsa.gov/training/tr_toolkit.asp">https://mchb.hrsa.gov/training/tr_toolkit.asp</a></li> <li>• Sign up for the MCH Trainee Listserv <a href="https://public.govdelivery.com/accounts/USHHSRSA/subscriber/new?qsp=HRSA-subscribe">https://public.govdelivery.com/accounts/USHHSRSA/subscriber/new?qsp=HRSA-subscribe</a></li> <li>• MCH Leadership Skills Self-Assessment #1 (Pre-Leadership Training) <a href="https://mchb.hrsa.gov/training/leadership-00.asp">https://mchb.hrsa.gov/training/leadership-00.asp</a> Upload on Basecamp</li> <li>• Visit MCH Navigator <a href="https://www.mchnavigator.org/">https://www.mchnavigator.org/</a> <ul style="list-style-type: none"> <li>o MCH 101</li> </ul> </li> <li>• Visit PPC National Website <a href="https://ppc.mchtraining.net/resources/curricula/index.html">https://ppc.mchtraining.net/resources/curricula/index.html</a> <ul style="list-style-type: none"> <li>o History of the Pediatric Pulmonary Leadership Training Center</li> </ul> </li> <li>• Attitudes and Beliefs Survey (Pre-Leadership Training)</li> </ul>
<b>August 15-17, 2023</b>	<p><b>Three-Day Leadership Intensive Workshops</b> Hacienda Del Sol Guest Ranch and Resort; 5501 N Hacienda del Sol Road, Tucson, AZ; 8:00 AM to 5:00 PM</p>
<b>August 17, 2023</b>	<p><b>UAPPC / Arizona LEND “Meet and Greet” Networking Event (Optional)</b> Hacienda Del Sol Guest Ranch &amp; Resort; 5501 N Hacienda del Sol Road, Tucson, AZ 5:00 – 7:30 PM</p>
<p><b>Orientation to the UAPPC MCH Training Program with Discipline Faculty Member</b> UAPPC Pedagogy / Curriculum / Program Requirements and Activities Projects/Activities/Clinical Requirements</p> <p> Clinical</p> <ul style="list-style-type: none"> <li>• Required <ul style="list-style-type: none"> <li>&gt; Interdisciplinary/ Interprofessional</li> </ul> </li> </ul>	

- CF Pediatric Clinics, 2nd and 4th Monday of each Month
- Severe Asthma
  - Once a month-Observation (Check with Faculty Mentor)
- Clinic Observations
  - Neuromuscular Disease
  - Sleep Clinic
  - Allergy Clinic
  - PANDS/PANDA
  - CRS/Vent Clinic
    - Indian Health Services / Border or Hopi, Navajo Experience

#### ✚ Didactics

- PPC Fall and Spring Lectures
- Books
  - ***The 5 Levels of Leadership by John C. Maxwell***
  - *It-Factor Leadership by Claudia Fernandez and Ruben Fernandez*
  - An Introduction to Cystic Fibrosis For Patients and Their Families.pdf
  - Resource eBook: Cystic Fibrosis & Nutrition Text
  - Optional: *The Power of Two: A Twin Triumph over Cystic Fibrosis* by Isabel StenzelByrnes

#### ✚ Leadership Project

- Needs Assessment
- Educational Intervention/Resource
- Leadership Capstone with Poster

#### ✚ Research

- CITI Training <https://rgw.arizona.edu/compliance/IACUC/Personnel/CITI>
- IRB Presentation and Process

#### Trainee Evaluations for Leadership and Didactic Components

- Leadership Intensive Workshops
- Team Building and Conflict Resolution Workshop (TBCR)
- School Healthcare Training Event
- Cystic Fibrosis Education Events
- Didactic Sessions
- Leadership Project
  - Project Presentations

#### Assessments

- Project Implicit Surveys
- MCH Leadership Skills Assessment Pre and Post
- Individualized Training and Activity Plan
- Self Reflection Journal
  - Self Reflection Questions for Lectures:
    - 1) Identify 3 things you learned from this lecture and discuss how they apply to your discipline/practice.
    - 2) What are some cultural awareness considerations that are relevant to this lecture?
    - 3) What does your discipline bring to the inter-professional team related to this topic?
    - 4) Select one MCH Competency and discuss how this activity will enhance your competency in that area.
- Leadership Capstone
- Family-Centered Interprofessional Case Study
- Life Course Testimonials
- PPC Experience Testimonial

#### ✚ Required Meetings with Faculty Member and Associate Director to Review Progress

- October / November
- February / March

<p>Fellow and Faculty Use of Basecamp and the UAPPC Website</p> <ul style="list-style-type: none"> <li>➤ Website: Basecamp Login; Recording of hours</li> <li>➤ Basecamp: Calendar and Complete Overview of Site</li> <li>➤ Trainee Discussion on Basecamp</li> <li>➤ Assignment submissions on Basecamp</li> </ul>	
<p><b>August 21<sup>st</sup>, 2023</b>  <b>8:30am-4:00pm</b>  <b>PPC Office</b></p>	<p><b>Program Orientation</b></p> <ul style="list-style-type: none"> <li>○ Introduction to PPC &amp; Faculty</li> <li>○ Overview of Basecamp</li> <li>○ On-Boarding</li> <li>○ Trainee Introductions and Ice Breakers</li> <li>○ Questions &amp; Answers</li> <li>○ Reflections</li> <li>○ CF and the Role of the Newborn Screening</li> <li>○ Severe Asthma</li> <li>○ Life Course Theory</li> </ul>
	<p><b>Life Course</b>  <b>(Kelly Jackson, MS, RD)</b></p> <ul style="list-style-type: none"> <li>○ Introduction to Life Course Theory</li> <li>○ Life Course Influence on Health Status</li> <li>○ The Life Course Game</li> </ul> <p><b>Readings:</b></p> <ul style="list-style-type: none"> <li>• Life Course Approach in MCH <a href="https://mchb.hrsa.gov/training/lifecourse.asp">https://mchb.hrsa.gov/training/lifecourse.asp</a></li> </ul> <p><b>Activities:</b> Life Course Game.</p>
<p><b>August 28<sup>th</sup>, 2023</b>  <b>8:00am-5:30pm</b>  <b>PPC office</b></p>	<p><b>Borderlandia: Alex La Pierre</b></p> <ul style="list-style-type: none"> <li>-Waiver</li> <li>-Passport</li> </ul>
<p><b>Due</b>  <b>September 18, 2023</b></p>	<ul style="list-style-type: none"> <li>• Human Subjects online Training for Responsible Conduct of Research through the <b>Collaborative Institutional Training Initiative (CITI) Training:</b> <a href="https://rgw.arizona.edu/compliance/IACUC/Personnel/CITI">https://rgw.arizona.edu/compliance/IACUC/Personnel/CITI</a></li> <li>• Upload <b>CITI Training</b> Certificate to Basecamp.</li> </ul> <p>MCH Leadership Skills Pre-Assessment results-Upload on Basecamp</p>
<p><b>September 30<sup>th</sup>, 2023</b>  <b>8:30am-4:30pm</b></p>	<p><b>Arizona Asthma &amp; Allergy Clinical Conference</b>  Creighton University in Phoenix</p>
<p><b>October 2<sup>nd</sup>, 2023</b>  <b>8:30am-5:00pm</b></p>	<p><b>In office Lectures: 8:30am-12pm</b></p> <p>Needs Assessment training, Research Ethics, IRB</p> <p><b>Division Meeting: 3:00pm (Zoom), Dr. Lowe's lecture</b></p>
<p><b>October 14, 2023</b>  <b>9:00am-11:00am</b>  <b>Children'sClinic</b></p>	<p><b>Team Building &amp; Conflict Resolution Seminar</b></p>

<p>October 30th, 2023 9:00am-4:00pm</p>	<p>Community Site Visits -Tu Niditu -Ronald McDonald House -DCS</p>
<p>November 6, 2023 8:30am-5:00pm PPC Office</p>	<p>In Office Lectures 8:30am-12:00pm PEP Training Patient Case Study workgroup Division Meeting 3-5pm (Zoom)</p>
<p>November 23-26, 2023</p>	<p><b>THANKSGIVING RECESS</b></p>
<p>December 4<sup>th</sup>, 2023 8:30am-5:00pm PPC Office</p>	<p>Advocacy Training, Leadership, DEI Patient Case Study Presentations 4pm-5pm (Zoom), during Division meeting.</p>
<p><b>UNIVERSITY OF ARIZONA END OF SEMESTER DATES:</b> Reading Day - December 6,2023 Finals - December 8-14, 2023 Winter Break - December 15, 2023 - January 9, 2024</p>	

	<b>SPRING SEMESTER 2024</b>
January 17 <sup>th</sup> , 2024 10:00am-12:00pm Zoom	Family Collaborative with National PPC's
January 29 <sup>th</sup> , 2024 8:30am-5:00 PM PPC Office	In Office Lectures 8:30-12pm
January 31 <sup>st</sup> , 2024 10:00am-12:00pm Zoom	Family Collaborative with National PPC's
February 5 <sup>th</sup> , 2024 8:30am-5:00 PM PPC Office	In Office Training 8:30am-12pm. Medical Trauma, Procedural Anxiety training, Child life Specialists
February 10 <sup>th</sup> , 2024 8:00am-5:00pm	School Healthcare Conference, Phoenix, AZ
February 21 <sup>th</sup> , 2024 10:00am-12:00pm Zoom	Family Collaborative with National PPC's
March 4, 2024 8:00am-5:00p	Nursing Lecture, Pharmacy Lecture, Stock Inhaler Law
<b>2023-2024 SPRING BREAK, March 2-10, 2024</b>	
April 1, 2024 8:00a-5:00p	Aerodigestive Disorders,
April 29 <sup>th</sup> , 2024 8:00am-5:00 PM	Pans/Panda, Allergies, Capstone work time
May 6, 2024 3:00-5:00 PM COM 3230	Leadership Capstone Project Presentations (PPC Trainees) <ul style="list-style-type: none"> <li>○ Structured Lecture to PPC Faculty</li> <li>○ Poster Presented</li> </ul>
May 7, 2024	<ul style="list-style-type: none"> <li>○ <b>2<sup>nd</sup> MCH Leadership Skills Self-Assessment submitted to Faculty and Associate Director</b></li> <li>○ <b>Final Completed ITAP Due to Faculty Mentor</b></li> <li>○ <b>PPC Experience Testimonial Due to Associate Director</b></li> <li>○ <b>Program Evaluation</b></li> </ul>

## ADDITIONAL ON-LINE LECTURES

**Inpatient side of Interprofessional Care**  
(Gabby Jurecky, RN, BSN, MSN/ED)

**Asthma Pharmacology**  
(Catherine Hobart, PharmD)

**Community Needs Assessment**  
(Elizabeth Hall-Lipsy, JD, MPH)

- Upon completion of this activity, students should be able to:
- Understand the key concepts in defining community
- Evaluate the rationale and need for conducting a community assessment
- Compare and contrast between the use of primary and secondary data sources to conduct a community health assessment

**Nutrition and Cystic Fibrosis**  
(Kayle Skorupski, MS, RDN-AP, CSG, CNSC)

- The importance of Nutrition with Cystic Fibrosis

**Transition to Adult Care**  
Mary McGuire, LMSW

- Overview of Transition Process
  - Steps to help with transition
    - Transition Website and Support
    - Transition Passport

**Child Life**  
(Serena Rivera, ME, CCLS)

**Pulmonary Function Testing**  
(Nasim Khattab, MD)

Pulmonary Function Testing

- Overview of Pulmonary Function Testing
- View a Pulmonary Function Test

**Pediatric Diabetes and CFRD**  
(Jeanne Fenn, RN, BC, MEd, CDE)

**Activities:** Self Reflection Questions and Journal. Identify MCH Competencies Addressed.

**Nutrition Modules**  
(Kelly Jackson, MD, RD)

- Nutrition and CF: Patient-centered Behavior Interventions